

bed after delivery. As a rule, the urine is retained longer after delivery in primipara than multipara. I shall enter more fully into this matter in another division of my subject (Maternal), and point out to you the best way of using the catheter in obstetric nursing when it is necessary to do so.

Whatever may be the length of time after delivery, the first relief to the bladder should be given in the recumbent position and with the bed-slipper. The practice of allowing a patient to get on her hands and knees is by no means to be recommended, it leads to a risk of chilling that ought to be in all ways avoided. After warming the slipper, either with hot water or before the fire, and protecting it with a piece of soft flannel, you request the patient to draw up her knees and rest for a moment or two on her heels whilst you pass the slipper under her; and remember this is to be done longwise to the bed, and the clothes at once turned over again and kept so as long as necessary. There is no need for exposure or chilling if you attend to these matters; and when you consider how often these manipulations take place you can see the necessity for carefulness.

We have now gone through the duties required before, during, and immediately after delivery. In our next paper we begin upon those connected with convalescence, which we may say begins about twenty-four hours after delivery, when all the anxieties and cares demanded and dependent upon active labour are happily over.

(To be continued.)

NURSING IN TORONTO.

IN reading the October 3rd number of your valuable magazine, the *Nursing Record*, I notice an article, entitled "The Trained Nurse in Canada," and have therefore been led to write this letter, hoping your readers may be interested in knowing something of the Training School for Nurses, General Hospital, Toronto, Canada.

As far as I know, there are at present eight Training Schools in this country, but the Toronto School, of which I write, is by far the largest School in the Dominion, numbering at present fifty pupils. It has been in existence for eight years, having been organised in 1881 with sixteen Nurses.

For the last five years the School has been superintended by Miss Mary A. Snively, a Canadian, who was trained in Bellevue Hospital Training School, New York City.

The training consists of practical work, and

bedside teaching in the Hospital, in Medical, Surgical, Gynecological, Obstetrical, Eye, Ear and Throat Wards, together with semi-weekly lectures, delivered by the Visiting Staff and Miss Snively, Lady Superintendent. These lectures are given gratuitously by our most prominent physicians, and embrace a large number of subjects, viz.:—Anatomy, Physiology, Diseases of the Respiratory and Abdominal Organs, Eruptive Diseases, Surgical and Medical Emergencies, Obstetrics, Gynecology and Practical Nursing. Pupils, after being accepted, come one month on trial, during which they are required to pass an examination in reading, penmanship, simple arithmetic and English dictation; also an examination in practical work, such as, How to make a Hospital bed—bath a patient in bed—change a draw sheet—take temperature, pulse, and respiration—prepare and apply a poultice—apply dry heat—prepare solutions of Carbolic Acid 1-20 and Bichloride of Mercury 1-1000. Those who give promise of ability are accepted, and after signing an agreement to remain two years, become pupils of the School, and receive uniforms, including cap and apron. The course extends over a period of two years, during which the Nurses or pupils occupy a wing at the west end of the main building, which was built expressly for their use.

The parlours are bright and cheery, and besides being prettily furnished, contain a fine piano and a Medical and general library. Here on Wednesday evenings the Nurses are allowed to receive their friends from 7.30 until 9.30 p.m. Every pupil receives three dollars per month, board, washing, and uniforms, during the first year; and the second year six dollars per month, with board, &c. This is not looked upon as payment for their services, but is simply to provide them with the necessary text-books, &c., &c.

At the end of the first year they are required to pass a written examination, conducted by the Lady Superintendent, and if successful in obtaining fifty per cent., they rank as Senior Nurses; and if otherwise qualified, are promoted to be Head Nurses in the different Hospital Wards.

At the end of the second year, if successful in obtaining fifty per cent. in each subject, at an examination before a Medical Board of Examiners, they receive a Certificate, signed by the Examining Board, the Medical Superintendent, and the Lady Superintendent of the Hospital; also a silver badge, bearing the inscription, "I was sick and ye visited me," and twenty-five dollars in money. It is gratifying to those interested to know that this Hospital has become a centre from which other Hospitals have drawn.

At present the Hospitals in Kingston, London,

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